



CARLINGFORD Public School

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Newsletter 28

4 September 2018

PRINCIPAL'S MESSAGE

EXTERNAL VALIDATION

Once during a five-year cycle, all NSW public schools undergo an external validation where they engage in discussions with an external panel (Principal & Principal School Leader) and have their self assessments validated using the School Excellence Framework (SEF). CPS is currently undergoing external validation. The process has been a team effort with 17 staff involved. Teams were formed under the evidence sets of 'Data Driven Delivery', 'Leading Lifelong Learners', 'Future Focused Philosophy', 'Inspiring Individualised Instruction' and 'Comprehensive Community Connections'.

Teams collected data to support their evidence sets, wrote 'annotations' and 'evidence of impact' statements. Our evidence was then used to rate the school in terms of the 'School Excellence Framework'.

Our submission was handed in last Thursday, with our validation meeting scheduled for next Thursday, 13 September.

Thank you to Miss Filippi for her wonderful leadership throughout our external validation journey. Also thanks to our amazing EV team consisting of Mr Boyd, Mrs Edgley, Miss Cooper, Mrs Tillett, Mrs Elliott, Miss Chohan, Mr McBain, Miss Belme, Miss Hall, Miss Lee, Mr Bhandarkar, Mrs Morabi, Miss Tran, Miss Pires and Miss Campbell.

DIARY DATES

Term 3

Week 7

Mon, Sep 3 – Gymnastics – S3, 2B, 2J, S2 Incursion - Planetarium

Tues, Sep 4 – Yr 4 and 3/4B Dance, S3 Interrelate, S3 Incursion - World of Maths

Wed, Sep 5 – Yr 3 Dance, Incursion - World of Maths, Incursion – S2, Musica Viva K-6

Thurs, Sep 6 – K-2 Assembly

Fri, Sep 7 – PSSA, Gymnastics (ES1 & 2K) World of Maths, Incursion – S1

Week 8

Mon, Sep 10 – Yr 1 Excursion – Rouse Hill House, Gymnastics – S3, 2B, 2J

Tues, Sep 11 – Yr 4 and 3/4B Dance, CPS Drought Appeal Farm Day, S3 Interrelate

Wed, Sep 12 – Yr 3 Dance, Jump Rope for Heart

Thurs, Sep 13 – K-2 Assembly, External Validation Panel meeting

Fri, Sep 14 – Gymnastics (ES1 & 2K)

Week 9

Mon, Sep 17 – Whole School, Sport and special group photos, Gymnastics – S3, 2B, 2J, Science Club excursion to Marsden HS, P&C Meeting

Tues, Sep 18 – Yr 4 and 3/4B Dance, ES1 excursion to Featherdale Farm

Wed, Sep 19 – Yr 3 Dance, Sydney West Athletics

Thurs, Sep 20 – K-2 Assembly

Fri, Sep 21 – Gymnastics (ES1 & 2K)



Education &
Communities

FATHERS' DAY STALL

On behalf of the student's a huge thank you to our mums (and dad) who organised and ran the Fathers' Day stall last Friday. Special mention goes to Svantje and Tim Duller for their superb organisation.

Also thank you to our stall volunteers - Trudy, Priyanka, Carmen, Anita, Maha, Winnie, Jessie, Dipti, Rupali, Heena, Elizabeth, Liny, Christine and Linda. I know there were many Dads who were feeling pretty special on Sunday morning due to your efforts.

PLANETARIUM

Last week Stage 2 took a 360° virtual journey through space as we stepped inside a large dome during our Planetarium incursion. Students learnt about our planet and its relationship with the moon and sun within the Solar System. They also looked at our place in space and discovered why we experience day and night and the changing of seasons.

SYDNEY WEST ATHLETICS

Congratulations to the following students who will represent Parramatta/Merrylands at the Sydney West Athletics Carnival on 19 September.

Emily Ford 100m / 200m / Relay / High Jump / Long Jump
Yasmin Khandani 100m / 200m / Relay
Nicole Scholten 800m
Mariah Nidhiry High Jump / Relay
Finn Parlevliet 100m / 200m / 800m / Relay / High Jump / Long Jump
Isaac Wong 100m / Relay
Lewis Wong 800m / Relay
Jaykob McKinnon 800m
Dane Milhuisen High Jump
Marcus Wong Relay
Gary Liu Relay
Eric Huang Relay
William Perry Relay
Aaron Monteiro Relay
Sameera Moon Relay

STAGE 1 SPELLING BEE

The Stage 1 Spelling Bee was held last Thursday. There was an air of excitement as the hall was packed with pupils cheering on their fellow students.

20 pupils battled it out to become Spelling Bee Champion, correctly spelling words such as 'magnificent' and 'environment' from our judges

Mrs Bowey, Miss Frucci and Mr Bhandarkar. After a number of nail biting rounds that left the whole crowd on the edge of their seats, we finally had our Spelling Bee winners. Congratulations to Catalina Mah and Evelyn Tao from Year 1 and Rhys Chen from Year 2. All of the final round participants worked incredibly hard to prepare themselves for this spelling challenge and every competitor should be proud of this achievement.

WORLD OF MATHS

As part of this semester's Mathematics program, the **World of Maths Roadshow** is visiting our school. The program gives the students an opportunity to engage in 'hands on' problem solving activities and see how mathematics is applied to real life situations. Students will gain insight into collaborative problem solving and apply skills in working mathematically, as well as various mathematical principles, which are part of their curriculum for Term 3. The Roadshow will be run by a qualified presenter.

Stage 3 participated today; Stage 2 will visit tomorrow, with Stage 1 attending on Friday.

MUSICA VIVA

Tomorrow, term there will be a 'Musica Viva' performance at school called "Da Vinci's Apprentice".

Da Vinci's Apprentice is an original musical journey of discovery where students are challenged to expect the unexpected! It is a gripping musical story of how a young girl achieved her dream. Students will be exposed to a variety of musical genres and instruments.

STAGE 1 EXCURSION – ROUSE HILL HOUSE AND FARM

Next Monday, 10 September, Year 1 will visit Rouse Hill House and Farm. Students will participate in two excursions rolled into one and have a full day of fun activities. This excursion will support our in class learning and give students opportunities to compare life now to life in the past.

Students will learn about what schooling was like in the 19th Century, and will see what classrooms used to be like. They will be able to dress up in 19th Century clothing, practice writing on slates, try a 19th Century Science lesson, do some sewing and if the weather is fine they will have a chance to try some maypole dancing. Students will visit the old milking shed and explore the beautiful stables that the Rouse family built for

their horses. They will learn about how important horses were in the 19th Century, and compare the transport options available in the past to our options now.

Year 1 students must be at school by 8:45am on Monday 10 September.

They will need to wear full school uniform, including their hat, and bring their lunch and recess as well as a drink bottle of water.

Year 2 students (and 1/2N) will attend the excursion in week 10, on Tuesday 25 September.

JUMP ROPE FOR HEART

Jump Rope for Heart kicks off this term!

Jump Rope for Heart is a fantastic physical activity and fundraising program that has been run by the Heart Foundation for 35 years. It's a great way for your child to keep fit and learn new skills, but it also helps raise funds for vital heart research and education programs.

Since Jump Rope for Heart started in 1983, schools like ours have raised more than \$75 million for the Heart Foundation's lifesaving work.

It's important you register your child online, so they can receive the full benefits of the program and participate in online fundraising, simply follow the link below to get started.

[https://jumprope.heartfoundation.org.au/2018/Carlingford_Public_School_-
_CARLINGFORD_NSW_-137554](https://jumprope.heartfoundation.org.au/2018/Carlingford_Public_School_-_CARLINGFORD_NSW_-137554)

Students will be skipping throughout the term in PE lessons; during this time you can share their online fundraising page with family and friends to help raise money for this great cause.

We will hold our school 'Jump Off Day' on 12th of September, this will mark the end of the program and is a chance for everyone to come together to skip and show off their newly learned skills.

Thank you for supporting the Jump Rope for Heart program!



CARLINGFORD PS – DROUGHT RELIEF APPEAL – TUES, SEPT 11

In light of the current drought affecting most of outback NSW and the huge impact this has had on our farmers, the SRC have decided to hold a Farm Day to raise funds for drought relief. Our Farm Day will be held next Tuesday 11 Sept. Students (& teachers) are asked to dress up as a farmer or their favourite farm animal. A gold coin or \$5 note donation would be a great way for CPS to lend a hand to our struggling farmers.

CANTEEN VOLUNTEERS

Our Canteen provides an invaluable service for our students, staff and school community. Belinda Sultana does an amazing job as our canteen manager, now opening four days a week. Recently there has been a shortage of volunteers offering to help in the canteen. If you are in a position to lend a hand (Mon, Tues, Thurs, Fri) please contact

TELL THEM FROM ME – PARENT SURVEY

This Term, our school will be participating in the *Partners in Learning* parent survey, another part of the *Tell Them From Me* suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement. Running this survey will help our school understand parents' and carers' perspectives on their child's experience at school.

These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.

The survey is conducted entirely online on smartphones, iPads, tablets, laptops or computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 26 August and 27 October, though participating in the survey is entirely voluntary, your responses are very much appreciated.

Information about the survey is available at:
<http://surveys.cese.nsw.gov.au/>

The link to the survey is
<https://nsw.tellthemfromme.com/carlo18>

2019 ENROLMENTS

Enrolment Forms for Kindergarten 2019 are available at the office now. To assist us with planning, we encourage all families to enrol as soon as possible.

Neil Hinton
Principal

STUDENT OF THE WEEK

Samanthi Mendis for her thoughtful and caring citizenship.

DISPOSITION AWARDS

Ahmed Bayoumi, Hain Song, Krystal Straub Deem, Selena Washington, Riley Mannix Rivanera, Rhea Mukherji, Phoebe Cai, Yyoung Du, Addison Roxas, Rosha Hajiesfandyari, Megha Prajeesh, Zara Leonore, Eric Huang, Lora Lim, Tara Scott, Krisshiv Verma, Dino Adhikari, Ryan Xu, Todd Yang, Harshada Sonduri Pantangi

CANTEEN

Thursday 6 September	B Sultana
Friday 7 September	B Sultana, W Zheng, Irene J
Monday 10 September	B Sultana, R Maidin
Tuesday 11 September	B Sultana

Thank you to Emily Wong for our successful fried rice special day last Thursday. We'll have another special day soon. Please note, as we move towards fully implementing the new Healthy Canteen Strategy, you will find some menu items (some hot food and in particular, some ice creams) will no longer be available. Where possible, healthier substitutes will be introduced. Stay tuned for a new menu.

If you are ordering online and are using the eco reusable bags and would like me to keep them in the canteen so you don't have to drop them in every morning let me know and we'll organise for your child to put them in their lunch tub after eating.

Belinda Sultana
Canteen Manager

P&C

This week is School Administrative and Support Staff recognition week. On behalf of the P&C I would like to thank the following people for the work they do on behalf of the school, and in particular the assistance they give to the P&C:

Tania Cochrane, Jenny Oldfield, Suzanne Williams, Narelle Woods, Margot Luxford, Kim Catt, Jo Elliott, Kevin Reilly, and Chris Elliott.

Our next P&C meeting will be held on Monday 17th September at 7.30pm in the Library. All parents and carers are welcome.

Keeping in touch with the P&C

If you would like to keep in touch with the P&C by being added to our correspondence list, please contact us via cpspcsecretary@gmail.com. During our P&C Meeting on 20 August the following positions were filled:

Uniform Shop Coordinator – Linda Xu
Uniform Shop Committee Member – Joyce Lim

Please join me in thanking them for taking on the positions, their nomination for these positions ensures that the P&C will continue to operate the Uniform Shop.

Our next P&C meeting will be held on Monday 17 September at 7.30pm in the Library. All parents and carers are welcome.

Keeping in touch with the P&C

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Trudy Mendis
P&C President

UNIFORM SHOP

The Uniform Shop trading schedule for the next few weeks are as follows:

Wed 5 Sep 2pm to 2:30pm
Wed 12 Sep 9am to 10am
Wed 19 Sep 2pm to 2:30pm
Wed 26 Sep CLOSE

Please note that 19 Sep is our last day of trading for this term.

Clearance items:

We are clearing the following discontinued (old style) items. Sizes and quantity are limited. Available in-store only.

Sports Shorts \$14.00

Sizes: 4, 6, 8, 10, 12, 14, 16

S/S Shirt no logo \$15.00, sizes: 4, 6, 8, 10, 12

S/S Polo \$17.00

Sizes: 4, 6, 10, 16

L/S Polo \$18.50

Sizes: 6, 8, 10, 12, 14, 16

L/S Classic Shirt no logo \$16.00

Sizes: 3, 4, 16, 18

L/S Brushed Shirt no logo \$19.00

Sizes: 4, 8, 10, 12, 14, 16, 18

Socks (except PSSA socks) and tights are on sale.

Navy / White ankle socks \$2.00

Navy tights \$7.00

Boys grey socks \$5.50

Volunteer schedule:

05 Sep: Liny A., Jean Z., Rupali S.

12 Sep: Anita C, Liny A., Eunmi S.

If you cannot attend the shop during the trading hours, orders can be placed online via

<https://schoolshoponline.net.au/carlingfordps/index.aspx>. Alternatively, order forms are also available at the office. Orders completed online or submitted to the office by Tuesday 3:00pm will be processed and delivered to your child's class by Friday.

The uniform shop is run by volunteers. If you would like to help with trading, stocktake or help new families with their uniforms, please get in touch with us at cpsscuniformshop@gmail.com.

FUNDRAISING

P&C Father's Day Stall

This year's Father's Day Stall was held last Friday, 31 August.

It was once again a busy morning with all classes being escorted to the stall by their teachers. The children could choose from a great selection of gifts ranging in price from \$1 to \$8. Many gifts were very popular and sold out much faster than anticipated.

This year the school hall was occupied, so we set up the stall under the COLA. It was a cool morning, but the weather held up and all volunteers, teachers and students had a great time. I want to extend my thanks to the volunteers that lend their time to help make the Father's Day Stall a success: Trudy, Priyanka, Carmen, Anita,

Maha, Winnie, Jessie, Dipti, Rupali, Heena, Elizabeth, Liny, Christine, Linda and my husband Tim.

Thank you also to the office girls for their endless help and an extra special thank you to Belinda from the Canteen who kindly supplied us with snacks during recess.



For a hardware store, Bunnings Carlingford sure are lifesavers. The P&C would like to thank both Paul and Michelle from Bunnings Carlingford for their very generous donations to our Father's Day Stall. One of our supplier's delivery went missing and we were left short of pieces to sell on the day. Paul and Michelle came to the rescue! Their donation of pot plants, kids crafts and seedlings allowed us to make up for the missing items. We are truly lucky to have Bunnings continual support.

Carlingford Public School COOKBOOK

The P&C is delighted to announce that we are professionally publishing our very own stylish cookbook. We chose this project because it will involve all of our children and their families, from Kindergarten through to Year 6. We are looking forward to producing a very special cookbook with all your most loved family favourites!

The link to submit your recipes is now open and we are looking for your best recipes, from entrées to light meals, from dinners to your most loved desserts!! We hope that we will can collect a huge range of recipes from all of our families and encourage you to submit more than one recipe (we might have to delete some recipes if we receive too many duplicates).

We would also like to encourage you to submit photos and/or drawings or other artwork of your recipes.

COMING SOON: Included in the cookbook will be a special project for our Kindergarten classes – details for this are coming soon!

How to submit your recipes:

Go to the www.PublishedAuthors.com.au website and submit your recipes using their really quick and easy online template.

(Don't have access to the internet? Just give us your recipe & we'll try to find a volunteer to enter it for you)

We will soon distribute order forms, so you can pre-order your copies of this very special cookbook.

Watch this space: for details of the special cookbook launch!

Would you like to advertise your business in the cookbook??? Email Svantje at cpspcfundraising@gmail.com for advertising rates and enquiries.

Trivia Night – Watch this space!

You won't want to miss this event!

Due to popularity, the P&C will once again hold a Trivia Night. A Trivia Night is a fun social evening for parents to enjoy whilst raising money to contribute to our school.

The evening will consist of several rounds of Trivia and fun 'pay to participate' games between rounds. Prizes will be awarded to the 1st, 2nd, and last placed teams. Other prizes will be awarded throughout the night for winners of the games and table quizzes. In addition, there will be a raffle and a lucky door prize with lots of opportunities to take home a prize. The event will be 'bring your own snacks and drinks'. Details about this event will be published soon!

If you have any ideas or questions, please feel free to contact me on 0419 742 259 or cpspcfundrasing@gmail.com.

Svantje Duller
P&C Fundraising Coordinator

BAND NEWS

Key Music will be running instruments tryout sessions for all year 2s on Monday 10th September during school hours at the school. Students in year 3 to 5 who have registered to instruments tryout will take part on Tuesday 11th September. This will be a great opportunity for students who are interested to join the school band to try out different instruments before deciding which one is most suitable.

Key Music will be providing conductors and on site music tutors for our bands from next year.

We will have a band info evening on Wednesday 12th at 730pm in the hall for all interested students and their parents to find out about our band program from Term 4.

Contact Denise on cpsbandpnc@gmail.com for more information.

CLASS PARENT ACTIVITY

Little Shop Swap

Bring your little shop this Friday (7 September) to meet other parents, swap your little shop and complete your collection at 3:15 pm under COLA. **Students must be accompanied by a parent to participate.**



ITEMS OF INTEREST



SCHOOL HOLIDAY TENNIS CLINICS

Conducted by: Paul Toohey BEd (PE)
(TCA High Performance Coach)

VENUE: Midson Road Tennis Courts
(Cnr Midson Road & Wyralla Avenue, Epping)

DATES: CAMP 1: Tuesday to Friday, 2-5 October (morning & afternoon)
CAMP 2: Monday to Friday, 8-12 October (morning only)

TIME: Students may attend either the morning or afternoon session.

Morning: 8.30 am to 11.30 am
Afternoon: 12.00 pm to 3.00 pm

COST: CAMP 1: \$120 CAMP 2: \$150

A tournament will be conducted on the last day of the camp and a barbecue lunch will be provided

COACHING FOR TERM 4, 2018

New enrolments are being accepted for lessons before and after school and on Saturday and Sunday.

Private, semi-private and group coaching is available for beginners, intermediate and advanced players.

FOR BOOKINGS PHONE PAUL & LYN TOOHEY
ON 9680 1622 or 0408 223 708
OR EMAIL lyntoohey@bigpond.com



NORMANHURST BOYS HIGH SCHOOL

Fostering excellence in young men through holistic education



Open Day for Prospective Students, Year 7 2020

Friday 28 September, 2018, 9:30 am to 11:00 am

On the day, there will be a Principal's Address and free school tours.
For further information, please visit our website.

Address: Pennant Hills Road, Normanhurst, NSW 2076
Phone: +61 2 94891077 Fax: +61 2 94896722
Web: www.normanhurstboys.nsw.edu.au
Email: office@normanhurstboys.nsw.edu.au

Reclaim the lunchbox HEALTHY EATING AT SCHOOL @ YMCA Epping

FREE WORKSHOP

Tuesday 18th September - 10:30am-12:30pm

Do you need some new lunchbox ideas?

Join this workshop & learn how to cook & prepare quick, healthy & delicious lunches!

- Information session on child nutrition
- Lunchbox checklist and ideas
- Understanding food label and HSR (Health Star Rating)
- Cooking demonstration of 3 lunchboxes ideas

Bookings essential!

RSVP: 15th September

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