

Drinks

Chocolate Up & Go	\$2.50
Flavoured Milk <i>(Chocolate or Strawberry)</i>	\$2.50
Hot Chocolate <i>(Terms 2 and 3 Only)</i>	\$3.00
Chill J Juice(100% fizzy juice) <i>(6 flavours)</i>	\$2.50
Just Juice 100% <i>(Apple or Orange)</i>	\$2.00
Plain Water	\$2.00
Plain milk	\$2.00

Ice Blocks & Ice Creams

Frozen Yoghurt <i>(Mango/Watermelon)</i>	\$2.50
Low Fat Vanilla Ice Cream	\$2.00
Moosie <i>(Chocolate)</i>	\$2.00
Quelch Fruit Tube <i>(Apple, Blackcurrant, Strawberry or Raspberry)</i>	\$1.00
Frozen Juice Cup <i>(Apple or Orange or Apple Blackcurrant)</i>	\$1.50
Juicies <i>(Tropical / Lemon)</i>	\$1.50
Snap Stix (4 flavours)	\$1.50
Jelly Fruit/Animal Pops	\$1.00
Jelly Stick	\$0.50



The canteen is run by the Carlingford Public School P&C Association, and its continued operation relies on parental participation. We would like to invite you to join the team of volunteers who assist. A volunteer sign up link is posted on Class Dojo at the beginning of each term.

If needed, cancellation of an order **MUST** be texted to the canteen mobile (0493 422 188) by 9:25am on the day the order is required. Please be reminded that sushi, dumplings and stir fired noodles cannot be refunded.

Lunch orders are to be placed online via QKR by 8:00am. Lunch orders are delivered to the classroom. Please note that items such as hot chocolates and ice-cream will not be placed in lunch order bags. These must be collected at the counter. Throughout the year we will have specials available. Look out for specials posted on Class Dojo and at the canteen window.

Carlingford Public School Canteen



Menu 2025

Open Monday to Friday. Lunch orders are to be placed via QKR online by 8:00am. Over the counter sales at lunch time and afternoon tea for frozen and snack items.

All foods included on our menu are selected in compliance with the NSW Healthy Canteen Strategy. For more information, please visit the Canteen section of the School Website.

Please be sure to check Class Dojo and the QKR! App for specials and new menu items.

Lunch – Hot Items

Beef Lasagne	\$5.00
Macaroni&Cheese (V)	\$5.00
Spaghetti Bolognese	\$5.00
Vegetarian Lasagne (V)	\$5.00
Vegetables Fried Rice (GF)	\$5.00

Chicken Nuggets (5 pcs)(H)	\$4.00
Dino Snacks (5 pcs) (H)	\$4.00
Fish Cocktails (5 pieces) (V)	\$4.50
Mini Drums (5 pieces) (H)	\$5.00
Pizza Slab	\$5.00

(Cheese or BBQ Chick or Ham & Pineapple)

Hamburger	\$6.00
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(Beef burger patty, lettuce, tomato, beetroot, cheese and tomato/burger sauce)

Chicken Burger	\$6.00
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(Grilled chicken breast, lettuce, cheese and mayo)

Vegetarian Burger (V)	\$6.00
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(Vegetarian patty, lettuce cheese & mayo)

Hot Dog	\$4.50
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Homemade Burrito	\$6.00
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(Mince, lettuce, tomato, cheese)

Sausage Roll	\$4.00
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Spinach& Ricotta Roll (V)	\$4.00
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Meat Pie	\$5.00
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Rice and Seaweed	\$4.50
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Dumplings	\$7.00
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(Pork & Chive, or Chicken & Mushroom options)

Stir Fry homemade noodles with chicken and vegetables	\$7.00
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Tomato Sauce Portions	\$0.40
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Lunch – Cold Items

Sandwiches

*Made fresh on the day, white or wholemeal bread.
Can be toasted at your request*

Buttered Bread/Roll	\$2.00/\$2.50
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Vegemite	\$2.50
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Tasty Cheese	\$4.00
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Egg	\$4.00
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Chicken, Lettuce & Mayo	\$5.50
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Tuna	\$4.00
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Salad	\$5.00
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(Extras add \$0.50 per item –tastycheese, tomato, lettuce, carrot, beetroot, cucumber, mayo)

Salad Box	\$5.50
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(Lettuce, tomato, carrot, cucumber, cheese, beetroot and buttered bread)

Egg salad box	\$6.00
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Chicken salad box	\$6.00
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Tuna Salad Box	\$6.00
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Sushi (Available Tue/Thurs/Fri)

Teriyaki Chicken	\$4.50
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Chicken Schnitzel	\$4.50
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Tuna	\$4.50
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Vegetarian Roll orCucumber	\$4.50
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Tempura Prawn	\$4.80
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Baby Sushi (Tuna, Teriyaki Chicken, Cucumber, Avocado or Chicken Schnitzel)	
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(9 pieces)	\$4.30
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Afternoon Tea

Cheese sticks	\$1.50
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Assorted Toasted English	\$1.50
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Muffins

(Various toppings – Ham & Cheese, Cheese, Cheese & Tomato, Cheese & Pineapple, Cheese & Corn)

Pizza Scrolls	\$1.50
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Breadsticks	\$0.20
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Hash Brown	\$1.50
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Snacks

Cheese and Crackers	\$2.50
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Fruit Cup	\$3.00
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Slinky Apples	\$2.00
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Frozen Orange Quarters	\$1.00
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(Or seasonal frozen fruit)

Popcorn	\$2.00
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Potato chips	\$1.50
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Veggie Energy Pack	\$3.00
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(Tomato wedges, carrot, cucumber)

Vanilla Yoghurt	\$2.50
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(added fresh fruit)

Pikelets with Jam (2 pcs)	\$2.00
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Birthday Buckets

(Enoughtosharewithyourchild'sentireclass)

Quelch Fruit tube Birthday Bucket	\$20.00
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(H)Halal

(GF)Gluten Free

(V)Vegetarian option